

Download Trail Food Drying And Cooking Food For Backpacking And Paddling

My trail food needs differ significantly from the authors'. The author is a fan of wood-fire cooking, slow-cooking meals, and has no qualms about carrying a fair amount of cooking gear.

Trail Food: Drying and Cooking Food for Backpacking and Paddling Review Posted by Unknown on 7/23/2012 / Labels: 72 hour kit , backpack food , backpacking , beginners guide , book , camping , emergency preparedness , food dehydrator , lightweight backpacking , ultralight backpacking

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<http://www.TravelBookMix.com> This is the summary of Trail Food: Drying and Cooking Food for Backpacking and Paddling by Alan Kesselheim.

The Complete Trail Food Cookbook: Over 300 Recipes for Campers, Canoeists and Backpackers is a title to check out as well. It came out this year.

I have several books on dehydrating your own trail meals and this is easily the best. It is concise and full of good ideas and recipes. The guidance is flexible enough for the lightweight backpacker or for the canoe or pack mule traveler.

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