

# Download The Underdog Curse The Cause The Cure Your Road To Success

It can become a curse that causes you to sabotage your own success, be brought down by old habits and held back from genuine happiness. After spending most of his life trying to kick his own underdog curse, chiropractor and success coach Dr. Don MacDonald now spends most of his time trying to help others with the cure to this purpose-destroying pattern.

By sharing your personal story of strife and success, by keeping it real, you bring the reader into a life of possibility. Yes being an underdog can be a driver, yet for so many it becomes the curse that prevents them from fully expressing their God given talents. You have mastered this curse and can now support others to do the same. Your book definitely does that. Congratulations and thank you.

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In the Book “The Underdog Curse” I go over how your mind is often the major culprit for triggering the stress response. I tease my patients and coaching clients saying that as a human being we are highly evolved over the rest of the animal kingdom. We have developed a much higher functioning brain where we can think and solve problems. We also have the amazing ability to turn on our stress response for no good reason.

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Don MacDonald is a chiropractor and author of The Underdog Curse. He shares his enthusiasm for chiropractic and what led him to write the book, The Underdog Curse!

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