

Download Planet Health Interdisciplinary Curriculum Nutrition

Planet Health is an interdisciplinary curriculum focused on improving the health and well-being of sixth through eighth grade students while building and reinforcing skills in language arts, math, science, social studies, and physical education.

She draws from 15 years of experience counseling and administering nutrition services for children in clinical, community, and state health care settings. Dr. Peterson was coprincipal investigator of the Planet Health intervention trial. She earned her doctorate in nutrition from the Harvard School of Public Health.

The Planet Health curriculum focuses on improving health and well-being in early adolescence. It includes 35 lessons that promote healthy nutrition and activity and a self-assessment tool to help students to evaluate their physical activity.

Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity, Second Edition. Champaign: Human Kinetics (Human Kinetics), by Carter J, Wiecha J, Peterson K, Nobrega S, and Gortmaker SL.

The second edition of Planet Health offers an innovative and interdisciplinary approach to teaching health education. This evidence-based curriculum can be used to teach pupils about nutrition and physical activity, while helping them to build skills and competencies in language, art, math, science, social studies and physical education. This new edition includes revised nutrition information...

Rent or Buy Planet Health : An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity - 9780736069182 by Carter, Jill for as low as \$21.68 at eCampus.com. Voted #1 site for Buying Textbooks.

Planet health. An interdisciplinary curriculum for teaching middle school nutrition and physical activity An interdisciplinary curriculum for teaching middle school nutrition and physical activity CARTER Jill , WIECHA Jean L. , PETERSON Karen E.

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The "Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity" manual is required and is available at a cost of \$45.00. Additionally, teacher training materials are recommended and are available at no cost.

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