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LISA LILLIEN is a New York Times bestselling author and the creator of the Hungry Girl brand. The founder of hungry-girl.com, she is obsessed with food?how wonderful it is, and how much of it she can eat and still fit into her pants.

Lisa Lillien has sold millions of books by serving up clever and deliciously easy recipes with low calorie counts, huge portions, and easy-to-find ingredients that are good for you.

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Lisa Lillien, author of the cookbook, “Hungry Girl: Clean and Hungry Obsessed,” shares new recipes for healthy comfort foods.

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