

Download Have A Conception Of Gaming Addiction Effects Of Gaming Addiction On Today's Generation

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Buy Have A Conception Of Gaming Addiction: Effects Of Gaming Addiction On Today's Generation by Louise Henry (ISBN: 9781505698527) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

The book is an eye opener making people realize the adverse effects of hardcore gaming that can cause a person to become violent or a social misfit. The book also elaborates on how the gaming is a psychological addiction and why it is a concern to our life and family in general. No Kindle device

But similar to drug and alcohol addiction, people suffering from gaming addiction become desensitized to the effects of short gaming sessions, and develop a need to play for longer periods or with more intensity as the addiction worsens. 3

Contact our Counseling Services today to receive fast, caring, and confidential advice to stop online gaming or read through our library of articles to help you find the information you need to understand Internet addiction and steps towards its recovery.

Whether your child plays video games on a portable unit, a television or the Internet, excessive gaming can affect his life. Video game addiction can be as problematic as gambling and affects players as young as 8 years old, notes Keith Baker, director of Smith and Jones Addiction Consultants, in an article for Brigham Young University's NewsNet.

Addiction is a broad term and the only way to beat it is to learn what causes it. More males are more likely to get addicted to video games. This is due to masculinity and aggressive tendencies as well as frequent lack of self-control.

Today, the term "gaming" has become a popular term used by people of all ages, not just teens. Ironically, video game addiction isn't just for kids, either. Adults can have just as much trouble turning away from video games as children do. Some of the more recent statistics involving video game addiction are quite startling and are definitely indicators it's time to start taking this ...

Harmful Effects of Video Game Addiction. Video game addiction offers a number of harmful effects for your physical, psychological, and emotional health, and can cause lasting damage to your social life, friendships, and relationships with partners, spouses, and other family members. Video game addiction has been linked to depression, ADHD, and OCD. Gaming addiction also has its own set of withdrawal symptoms such as insomnia, anger, and violent behavior when gaming is stopped abruptly.

Considering the increasing rate of addiction to computer games among Iranian adolescents and youth, the present study was conducted to investigate the effects of addiction to computer games on physical and mental health including physical health, anxiety, and depression and impaired social functioning.

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