

# Download Consent The New Rules Of Sex Education Every Teens Guide To Healthy Sexual Relationships

A contemporary guide to sex education that answers the most pressing questions teens and young adults have about dating, relationships, consent, and sexual safety. There's a lot to talk about when it comes to sex education—[anatomy](#), [communication](#), [safety](#), and more. In this groundbreaking book, Dr. Jennifer Lang delivers a frank, compassionate, and evidence-based guide to healthy sexual relationships, focusing on the crucial role of consent in sex education.

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A guide to sex education and contemporary sexual ethics answers common questions that teens have about such topics as dating, relationships, consent, and sexual safety.

) Consent: The New Rules of Sex Education: Every Teen's Guide to Healthy Sexual Relationships  
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The Four Rules of Sexual Consent. We have a phrase for any type of sexual act when one person doesn't want to do what the other person is doing with them: it's sexual assault. Consent is when both people agree to do the same thing and let the other person know. There are four rules of consent: Rule 1: When it comes to sex, only yes means yes.

Consent must be given for every sexual activity, every time. Sexual consent is about a person's right to make their own choice about sexual activity. Language and messaging around consent and sexual assault has changed over the last few years as we understand more about rights, the law, consent and sexual assault.

Consent is when someone agrees to do something sexual with you — whether it's kissing, touching, oral sex, vaginal sex, or anal sex. Before doing any of those things, it needs to be totally clear that both people involved want it.

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